

HEALTH OFFICER ORDER FOR THE CONTROL OF COVID-19

Public Health Emergency Quarantine Order

Revised Order Issued: December 31, 2021

This Order supersedes the April 5, 2020 Public Health Emergency Quarantine Order and revisions May 6, 2020, July 21, 2020, January 11, 2021, March 18, 2021, September 3, 2021, and September 16, 2021. This Order is in effect immediately until rescinded in writing by the Health Officer.

Please read this Order carefully. Violation of or failure to comply with this Revised Order is a crime punishable by fine, imprisonment, or both. (California Health and Safety Code §120295.)

WHO IS REQUIRED TO FOLLOW THIS HEALTH OFFICER ORDER

People who have been in close contact with someone who was diagnosed with COVID-19 (based on a positive diagnostic [viral] COVID-19 test result or clinician diagnosis) while that person was infectious with COVID-19 and who reside in the City of Pasadena Health Officer's Jurisdiction are required to quarantine themselves and follow the Pasadena Public Health Department instructions for self-quarantine, unless they meet exemption criteria, as specified in this Order.

WHAT YOU ARE REQUIRED TO DO IF YOU HAVE BEEN IN CLOSE CONTACT WITH A PERSON WHO HAS OR IS LIKELY TO HAVE COVID-19

To prevent the spread of COVID-19, the Pasadena Health Officer ("Health Officer") hereby requires you to immediately:

- a) Self-quarantine if you are not exempt and
- b) Follow all instructions in this Order.

CLOSE CONTACTS WHO ARE EXEMPTED FROM QUARANTINE

You are not required to quarantine if:

- a) You are boosted[^] or fully vaccinated but not yet eligible for a booster vaccine[^] AND have NO SYMPTOMS, however, you:
 - o Should test for COVID-19 immediately and if negative, test again on day 5 after exposure,
 - o Must monitor yourself for symptoms for 14 days following your exposure,
 - o Wear a well-fitting mask, preferably a medical-grade surgical mask (3-ply) with a nosewire, KN95 or N95 respirator when around others both indoors and outdoors, and
 - o Must isolate and test for COVID-19 immediately if you develop symptoms.

[^]see definitions below and Table 1.

INSTRUCTIONS

1. Self-Quarantine to Reduce Your Risk of Spreading COVID-19

Unless you are exempt from quarantine (based only on the specific exemptions listed above), you are required to self-quarantine (stay in your home or another residence, away from others) and follow all directions in [Home Quarantine Instructions for Close Contacts to COVID-19](#). This is because you meet criteria for being exposed to the virus that causes COVID-19, and you may become infected and be able to spread the virus to others before getting symptoms. If you're infected, you can easily spread COVID-19 to others. People who have been previously infected

with COVID-19 but who are not fully vaccinated and boosted (when eligible, as indicated in Table 1), including infection within the past 90 days, ARE subject to quarantine.

When you are in quarantine, you may not leave your place of quarantine or enter any other public or private place, except to receive necessary medical care or a test for COVID-19 (which is recommended for close contacts).

Duration of Quarantine

You must monitor your health for symptoms of COVID-19 for 14 days from your last contact with the infected person (while the person was infectious*).

You must stay in quarantine away from others. You may discontinue self-quarantine under the following conditions, as long as you do not develop [symptoms](#) of COVID-19:

- a) **Your quarantine can end ON DAY 6** from the last time you had contact with the infected person IF a viral diagnostic test on or after Day 5 is negative; OR
- b) **Your quarantine can end ON DAY 11 IF** you are unable to test or choosing not to test.

If you are asymptomatic and have a negative viral diagnostic test on or after Day 5, you may end your quarantine on Day 6 but you **MUST** wear a mask both indoor and outdoor when other people are present until Day 11. Use a well-fitting protective mask with a nosewire such as a medical-grade surgical mask (3-ply), KN95, or N95 respirator. Wash your hands often, keep your distance (at least 6 feet from others), and monitor for symptoms through Day 14.

2. If You Develop Symptoms of COVID-19 and/or Receive a Positive Diagnostic (Viral) Test

If at any time during your quarantine period you develop any symptoms of COVID-19, you must isolate yourself and contact your healthcare provider, a clinician advice line, or telemedicine provider for a medical assessment and arrange a test for COVID-19.

- If you test positive for COVID-19 or your healthcare provider diagnoses you with COVID-19, you must follow the Pasadena [Public Health Emergency Isolation Order](#) for COVID-19. You must isolate for at least 10 days from when your symptoms first started and follow the [Home Isolation Instructions for People with COVID-19 Infection](#).

DEFINITIONS

Definition of “Close Contact”:

For purposes of this Order, “close contact” is defined as any of the following people who were exposed to an “infected person” (someone with a positive diagnostic (viral) COVID-19 test or diagnosed by a clinician) while that person was infectious*:

- a) A person who was within 6 feet of an infected person for a cumulative total of at least 15 minutes or more over a 24-hour period; OR
- b) A person who had unprotected contact with the infected person’s body fluids and/or secretions, for example, being coughed or sneezed on, sharing utensils or saliva, or providing care without using appropriate protective equipment.

*Infected persons are considered to be infectious from 2 days before their symptoms first appeared until the time they are no longer required to be isolated (as described in [“Home Isolation Instructions for](#)

[People with COVID-19](#)). A person with a positive diagnostic (viral) COVID-19 test, but with no symptoms, is considered to be infectious 2 days before their test was taken until 10 days after their test was taken.

A person is considered to be diagnosed with or likely to have COVID-19 if:

- a) They received a positive diagnostic (viral) test for COVID-19 and/or
- b) A healthcare provider determined COVID-19 is likely due to symptoms and history.

Definition of “Fully Vaccinated”:

For purposes of this order, “fully vaccinated” means someone who is more than 2 weeks following receipt of the second dose in a 2-dose series COVID-19 vaccine (Pfizer/BioNTech or Moderna) or more than 2 weeks following receipt of one dose of a single-dose COVID-19 vaccine (Johnson & Johnson [J&J]/Janssen).

Definition of “Boosted”:

For the purposes of this order, “boosted” means someone who is more than 2 weeks following receipt of a booster dose of COVID-19 vaccine as described in the Table 1.

Table 1. California COVID-19 Vaccines Booster Recommendations (Based on CDC Recommendations)

COVID-19 vaccine	Primary vaccination series	When does a person become booster-eligible	Which vaccine booster dose to receive
Moderna or Pfizer-BioNTech	1st and 2nd doses	6 months after 2nd dose	Any of the COVID-19 vaccines authorized in the United States may be used for the booster dose, but either Moderna or Pfizer-BioNTech are preferred.
Johnson and Johnson [J&J]/Janssen	1st dose	2 months after 1st dose	Any of the COVID-19 vaccines authorized in the United States may be used for the booster dose, but either Moderna or Pfizer-BioNTech are preferred.
World Health Organization (WHO) emergency use listing (EUL) COVID-19 vaccine	All recommended doses	6 months after getting all recommended doses	Single booster dose of Pfizer-BioNTech COVID-19 vaccine
A mix and match series composed of any combination of FDA-approved, FDA-authorized, or WHO-EUL COVID-19 vaccines	All recommended doses	6 months after getting all recommended doses	Single booster dose of Pfizer-BioNTech COVID-19 vaccine

PURPOSE OF THE ORDER

The purpose of this Order is to help slow the spread of SARS-CoV-2 (COVID-19) - particularly in light of new, more infectious variants such as Omicron for which there is evidence of lower efficacy of a primary vaccine series - to protect individuals at higher risk of severe illness, and to protect the health care system from a surge of cases into its emergency rooms and hospitals. The virus can easily spread between people who are in close contact with one another, especially if they are not fully vaccinated. Everyone is at risk for becoming ill, but some people are at higher risk for serious illness (including pneumonia or organ failure) or death due to their age, physical state, and/or health status.

People who are not vaccinated against COVID-19 are at the highest risk of COVID-19 illness, hospitalization, and death. Fully vaccinated persons are at lowest risk of getting infected and are well protected from severe illness, hospitalization and death from COVID-19. However, it is still possible for fully vaccinated people to spread the virus to other people.

This Order is based upon scientific evidence and best practices, as currently known and available. Isolation and quarantine are recommended by the US Centers for Disease Control and Prevention (CDC) and other public health experts as a proven strategy for preventing transmission of COVID-19.

LEGAL AUTHORITY

This City of Pasadena Health Officer Order is made under the authority California Health and Safety Code Sections 101040, 101085, 120175, 120215, 120220, and 120225. The Health Officer may take additional action(s), which may include civil detention or requiring one to stay at a health facility or other location, to protect the public’s health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine, or both.

QUESTIONS REGARDING THIS ORDER

If you have questions regarding this Order, call the Pasadena Public Health Department at (626) 744-6089.

IT IS SO ORDERED:



12/31/2021

Ying-Ying Goh, MD, MSHS

Date

Health Officer, City of Pasadena